

Food Safety Fact Sheet

Vacuum Packed Fish Safety

Clostridium Botulinum Type E

Is a dangerous bacteria that occurs naturally in fish. If the fish is not processed or handled properly the bacteria is allowed to grow. The bacteria will grow at temperatures as low as 38 degrees







When thawing vacuum packaged fish it is important that the package is open during the thawing time, so the bacteria will not grow and produce toxins

Botulism

Symptoms usually start within 12 to 36 hours of eating food contaminated with Clostridium botulinum:

- Blurred vision
- Dry mouth
- Paralysis of the muscles, particularly muscles that control the face, swallowing, and breathing
- Constipation

IMMEDIATE MEDICAL ATTENTION REQUIRED!

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